This listing of claims will replace all prior versions and listings of claims in the application:

Listing of Claims

Claims 1-5 (canceled)

- 6. (Previously presented) A substantially anhydrous lubricant composition comprising at least one polyhydric alcohol, which increases in temperature by at least about 5°C upon exposure to moisture and which has an Energy Release Index of at least about 11 mJ/mg and wherein said polyhydric alcohol is selected from the group consisting of: glycerin, alkylene glycol, polyethylene glycol, PEGylated compounds, block copolymers comprising polyalkylene glycol and a mixture thereof and wherein said polyethylene glycol is selected from the group consisting of polyethylene glycol 300, polyethylene glycol 400 and a mixture thereof.
- 7. (Presently amended) A composition according to claim <u>6</u> 4 wherein said composition further comprises an insulating agent having high bulk properties.
- 8. (Original) A composition according to claim 7 wherein said insulating agent is selected from the group consisting of honey, isopropyl myristate and isopropyl palmitate.
- 9. (Currently amended) A composition according to claim <u>6</u> 4 wherein said composition further comprises an antimicrobial agent.
- 10. (Original) A composition according to claim 9 wherein said antimicrobial agent is an antifungal agent.
- 11. (Original) A composition according to claim 9 wherein said antimicrobial agent is an antibacterial agent.
- 12. (Original) A composition according to claim 9 wherein said antimicrobial agent is an antiviral agent.
- 13. (Currently amended) A composition according to claim <u>6</u> 4 wherein said composition further comprises a spermicide.
- 14. (Currently amended) A composition according to claim <u>6</u> 4 wherein said composition further comprises a local anesthetic.
- 15. (Currently amended) A method of treating or preventing dysmenorrhea comprising applying a composition according to claim <u>6</u> 4 intravaginally.

- 16. (Currently amended) A <u>substantially anhydrous lubricant</u> composition comprising from about 80% to about 98% by weight polyhydric alcohol and from about 1 to about 5% by weight insulating agent and less than about 20% by weight water.
- 17. (Original) A composition according to claim 16 wherein said composition comprises from about 80% to about 98% by weight polyhydric alcohol and from about 1 to about 5% by weight insulating agent and less than about 5% by weight water.
- 18. (Original) A composition according to claim 16 wherein said composition comprises from about 80% to about 98% by weight polyhydric alcohol and from about 1 to about 5% by weight insulating agent and less than about 1% by weight water.

Claims 19-21 (Canceled)

- 22. (Previously presented) A method of treating vulvodynia comprising applying a composition comprising at least one polyol and an analgesic agent, which increases in temperature by at least about 5°C upon exposure to moisture and which has an Energy Release Index of at least about 11 mJ/mg to a skin or mucosal surface.
- 23. (Previously presented) A method of treating frostbite comprising applying a composition comprising at least one polyol, which increases in temperature by at least about 5°C upon exposure to moisture and which has an Energy Release Index of at least about 11 mJ/mg to skin on a frostbitten extremity.
- 24. (Previously presented) A method of treating dysmenorrhea comprising applying a composition comprising at least one polyol and an anti-inflammatory agent, which increases in temperature by at least about 5°C upon exposure to moisture and which has an Energy Release Index of at least about 11 mJ/mg to a tampon and inserting said tampon vaginally.
- 25. (Previously presented) A substantially anhydrous lubricant composition consisting essentially of at least one polyol, which increases in temperature by at least about 5°C upon exposure to moisture and which has an Energy Release Index of at least about 11 mJ/mg.
- 26. (Previously presented) A composition according to claim 25 wherein said composition further comprises a preservative.
- 27. (Previously presented) A composition according to claim 25 wherein said composition further comprises a bioadhesive agent.
- 28. (Previously presented) A composition according to claim 25 wherein said polyhydric alcohol is selected from the group consisting of: glycerin, alkylene glycol, polyethylene glycol,

- polypropylene glycol, PEGylated compounds, block copolymers comprising polyalkylene glycol and mixture thereof.
- 29. (Previously presented) A composition according to claim 25 wherein said alkylene glycol is selected from the group consisting of: propylene glycol, butylene glycol and hexalene glycol.
- 30. (Previously presented) A composition according to claim 25 wherein said polyethylene glycol is selected from the group consisting of polyethylene glycol 300, polyethylene glycol 400 and a mixture thereof.
- 31. (Currently amended) A method of increasing intimacy comprising applying a <u>substantially anhydrous lubricant</u> composition consisting essentially of at least one polyol, which increases in temperature by at least about 5°C upon exposure to moisture and which has an Energy Release Index of at least about 11 mJ/mg to a skin or mucosal surface.
- 32. (Currently amended) A method of enhancing relaxation comprising applying a <u>substantially anhydrous lubricant</u> composition consisting essentially of at least one polyol, which increases in temperature by at least about 5°C upon exposure to moisture and which has an Energy Release Index of at least about 11 mJ/mg to a skin or mucosal surface.
- 33. (Currently amended) A method of treating female sexual dysfunction comprising applying a <u>substantially anhydrous lubricant</u> composition consisting essentially of at least one polyol, which increases in temperature by at least about 5°C upon exposure to moisture and which has an Energy Release Index of at least about 11 mJ/mg to a skin or mucosal surface.
- 34. (New) A substantially anhydrous lubricant composition comprising at least one polyhydric alcohol, which increases in temperature by at least about 5°C upon exposure to moisture and which has an Energy Release Index of at least about 11 mJ/mg and wherein said polyhydric alcohol is selected from the group consisting of: glycerin, alkylene glycol, polyethylene glycol, PEGylated compounds, block copolymers comprising polyalkylene glycol and a mixture thereof and wherein said polyethylene glycol is selected from the group consisting of polyethylene glycol 300, polyethylene glycol 400 and a mixture thereof, said composition further comprising an insulating agent having high bulk properties selected from the group consisting of honey, isopropyl myristate and isopropyl palmitate.
- 35. (New) A composition according to claim 34 wherein said composition further comprises a local anesthetic.

- 36. (New) A substantially anhydrous lubricant composition comprising from about 80% to about 98% by weight polyhydric alcohol and from about 1 to about 5% by weight insulating agent and less than about 5% by weight water.
- 37. (New) A substantially anhydrous lubricant composition consisting essentially of at least one polyol and a bioadhesive agent said composition increasing in temperature by at least about 5°C upon exposure to moisture and which has an Energy Release Index of at least about 11 mJ/mg.